

## **ASP Packing List; (please read carefully, BOLD updated for 2010)**

Having some first timers again this year, I thought it might be helpful for everyone to have a list of "ASP Essentials." It is also helpful to limit what you bring b/c we do have 7 or so people's belongings to fit in each van along with coolers, tools and other supplies. For quick identification and return if lost, it is also good to label your suitcase, tool bag, etc. with your name on a piece of masking tape. If you have any other questions about what to bring or ASP in general, please don't hesitate to ask any of the team members who have experienced ASP!

### **What to Bring:**

- Old\* T-shirts (light colors are best b/c we will be working in the hot sun all day)
- Old\* Jeans (required by ASP at the work sites)
- Shorts or Pants (to wear in the evenings)
- Work Boots (Borrow them from a family member or you can get them cheap at Wal-Mart... You can wear other sturdy shoes if you want; we just don't want someone showing up to dig a ditch in flip flops...)
- Heavy Socks (to prevent blisters), hat or bandana
- Sunscreen
- Shower Shoes (the bathrooms and showers can get pretty gross from everyone's dirtiness)
- **Flip Flops to walk from van into center at end of each day (keeping muddy boots in van)**
- Towel and Washcloth, Personal Bathroom stuff (shampoo, soap, contact solution, etc)
- Spending Money (for \$15 ASP t-shirt and ice cream in the evenings \*optional\*)
- Bug Spray (the "Off! Brand Deep Woods spray works best, but anything is better than nothing...bugs are always plentiful in the mountains)
- Foldable Cot or Air Mattress with sheets or sleeping bag and pillow (we will be sleeping on a gymnasium floor in a school)
- Portable Fan (if you want to keep cool at night), Extension cord (for portable fan)
- Any tools you might have and a case or bag to keep them in (work gloves and protective eye wear are strongly suggested)
- Cards or mp3/CD player to use in the evenings/car rides
- Swim suit (ASP has a picnic for the workers and families and there is usually a pool available. If you want to swim, bring a suit and extra towel, but please be cautious in choosing one with appropriate coverage. I am not sure if ASP requests one-piece suits for girls, but just keep this in mind when packing...)

\*This is a very dirty week. There is a chance you might not even want to take the clothes you brought to work in home with you b/c they will smell and be pretty grungy. I would also suggest bringing a few garbage bags to put dirty/wet clothes in to keep them separate from the nice clean ones.

### **What NOT to Bring:**

Anything valuable (*although rare, there have been break-ins at ASP sites so do not bring anything of extreme value*) this includes: jewelry, computers, DVD players.

Tank tops or t-shirts with cut off sleeves (these are prohibited by the ASP organization)

Shirts or music with inappropriate slogans or lyrics (also prohibited by ASP)

### **NOTE:**

Appropriate dress for your worksite is as follows:

- Jeans (with no holes in them)
- Work boots
- T-shirt (no sleeveless shirts are permitted)